

UNO COGS Mentee Application

Please answer the following as completely as possible so that you can be provided the best possible match.

Thank you!

* Required

Name *

Email *

What concerns do you have as you move through the program? *

List anything that's occurred to you or is a worry.

Program * Check one.

- School Counseling
- Clinical Mental Health Counseling
- Haven't Decided Yet
- I'm not in the program yet

What kind of mentor with whom do you think you'll work best? *

Characteristics, personality type, hands-on, hands-off, etc.

How often do you think you'll need to meet? * Check one.

- Once a week
- Once in a while
- Several times a week
- Just once to get some questions answered
- Other:

What is your favorite means of keeping in touch? * Check one.

- Phone calls
- Email
- Texting
- Any works for me!

Anything else you think we need to know?